



## ATLAS OPERATIONS, INC.

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Mail Stop Missing Parts  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

**RE: Application Number 10/691,025**

I am in receipt of your notice to file corrected application papers. As per your request, enclosed please find the following:

-Replacement claims commencing on a separate sheet in compliance with 37 CFR 1.75(h) and 1.121.

-An abstract of the technical disclosure not exceeding 150 words in length and commencing on a separate sheet in compliance with 37 CFR 1.72(b).

Thank you for your attention regarding the above. Should you require further information, please do not hesitate to contact me.

Sincerely yours,

Lorn Leitman  
Vice-President

## CLAIMS

We claim:

1. A new method of improving the process by which a composition comprising L-Arginine can stimulate and work in human growth organism in need of increased muscle growth. An effective amount of the composition consisting essentially of:

L-Arginine Alphaketoglutarate, dihydrate	1000mg
Potassium Bicarbonate	100 mg
Sodium Bicarbonate	100 mg
Glycine	100 mg
Isopropyl Myristate	800 mg
Distilled Water	700 mg
Vitamin Skin Smoother with Corn	2000 mg

2. The method as claimed in claim 1, wherein, the composition is administered topically.
3. A new method to improve muscle growth, endurance, strength and power output and to aid in fat depletion, said composition consisting essentially of:

Arginine Pyroglutamate	1000mg
Potassium Bicarbonate	100 mg
Sodium Bicarbonate	100 mg
Glycine	100 mg
Isopropyl Myristate	800 mg
Distilled Water	700 mg
Vitamin Skin Smoother with Corn	2000 mg

4. The method as claimed in claim 3, wherein, the composition is administered topically.

5. A new method to improve muscle growth, endurance, strength and power output and to aid in fat depletion, said composition consisting essentially of:

Arginine Ketoisocaproate	1000mg
Potassium Bicarbonate	100 mg
Sodium Bicarbonate	100 mg
Glycine	100 mg
Isopropyl Myristate	800 mg
Distilled Water	700 mg
Vitamin Skin Smoother with Corn	2000 mg

6. The method as claimed in claim 5, wherein, the composition is administered topically.

7. A new method to improve muscle growth, endurance, strength and power output and to aid in fat depletion, as well as to enhance anabolic/anticatabolic actions on protein metabolism, said composition consisting essentially of:

Ornithine Alpha-ketoglutarate	1000mg
Potassium Bicarbonate	100 mg
Sodium Bicarbonate	100 mg
Glycine	100 mg
Isopropyl Myristate	800 mg
Distilled Water	700 mg
Vitamin Skin Smoother with Corn	2000 mg

8. The method as claimed in claim 7, wherein, the composition is administered topically